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A physiological role for NO in the centrally mediated sympathetic and somatomotor

ejaculatory response in anaesthetised male Wistar rats

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Abbreviations

BS; bulbospongiosus muscle

BP; mean arterial blood pressure

EMG; electromyographic

HR: heart rate

L-Arg; L-Arginine

L-NAME; N^(G) nitro-L-Arginine methyl ester

NOS; nitric oxide synthase

PCA; p-Chloroamphetamine

PB; phosphate buffer

PBS; phosphate buffer saline

TRIM; 1-(2-trifluoro-methylphenyl) imidazole

VDN; vas deferens nerve

Abstract

Neurones in the lumbosacral spinal cord are known to play a significant role in ejaculation. In these same areas neurones containing nitric oxide synthase (NOS) have been described. This raised the question as to whether there is a physiological role for nitric oxide in the spinal cord in sexual behaviour. We first established immunohistochemical localisation of NOS positive neurones in the lumbosacral spinal cord. NOS positive neurones were found in several areas of the lumbosacral cord. Namely the intermediolateral column (IML) at L₁-L₄ and sacral cord; the dorsal gray commissure above the central canal at L₁-L₂; the ventral gray area of lamina X below the central canal at L₃-L₄; the superficial laminae of the dorsal horn at all levels. Secondly, we examined the role of NO in the generation of synchronised bursting activity within the vas deferens nerve and associated penile muscles, typical of sexual responses in the male anaesthetised rat. NO modulators were applied directly to the spinal cord at T₁₃-L₄ via a catheter placed subdurally (intrathecal) and their effect on the genital responses evoked by systemic administration of p-Chloroamphetamine (PCA) or apomorphine (apo) (both 1 mg/kg) observed. All responses evoked by PCA (n=4) or apo (n=3) were abolished or reduced (n=1) during intrathecal NOS inhibition using N^(G) nitro-L-Arginine methyl ester (L-NAME, 200mM, 20-µl). NOS inhibition using L-NAME was reversed with simultaneous intrathecal application of the NO substrate L-Arginine (100mM, 20-µl, n=3). The selective neuronal NOS inhibitor 1-(2-trifluoro-methylphenyl) imidazole (100mM, 20-µl, TRIM) also abolished all responses evoked by PCA (n=3). There was evidence that the responses within the VDN after PCA or apo were enhanced following NO donation using sodium nitroprusside (SNP, 1 mM, 20-µl). Furthermore, a PCA-like response within the VDN was evoked following intrathecally applied L-Glutamic acid (200mM, 20-µl) in 6 out of 26 animals and also by intrathecal SNP in 2 out of 8 animals. In conclusion the results suggest a significant excitatory role for NO in the bursting pattern of synchronised discharge generated in autonomic and somatic outflows from the lumbosacral cord by neurones governing ejaculation.

Key words: vas deferens, ejaculation, sexual climax, nitric oxide, spinal pattern generator, intrathecal, NOS immunohistochemistry

Introduction

Several immunohistochemical studies have shown that spinal sympathetic nuclei contain a high density of nitric oxide (NO) synthesising enzymes (NOS) or the co-factor nicotinamide adenine dinucleotide phosphate diaphorase (Anderson, 1992; Anderson *et al.*, 1995; Blottner and Baumgarten, 1992; Valtschanoff *et al.*, 1992; Dunn *et al.*, 1993; Saito *et al.*, 1994). Physiological studies have shown that NO acts as a messenger molecule in spinal sympathetic networks where it may enhance post synaptic potentials via an action on the presynaptic transmitter release (Wu and Dun, 1995), or inhibit sympathetic neurones retrogradely via glycine interneurones (Wu and Dun, 1996; Yang *et al.*, 2004). The actions appear to participate in sympathetic vasomotor regulation (Hakim *et al.*, 1995; Lee at al., 1996; Garcia *et al.*, 1997, Yang *et al.*, 2004). However the distribution of NOS positive spinal autonomic neurones is extensive suggesting that NO may have important actions on other autonomic functions. Conspicuous groups of NOS immunoreactive neurones are found in the principal autonomic nuclei of the upper lumbar and well as the lower lumbar/sacral segments (Dun *et al.*, 1993). This may indicate that NO plays a role in genital functions.

We have recently described a highly repeatable bursting pattern of intense sympathetic activity in a vas deferens nerve (VDN) that is associated with contraction of the vas deferens, emission and other ejaculatory markers evoked by i.v. administration of p-Chloroamphetamine (PCA) (Stafford *et al.*, 2006a) or apomorphine (Stafford and Coote 2006). These PCA evoked responses are partly mediated by 5-HT_{2C} receptors on neurones in the lumbosacral spinal cord (Stafford *et al.*, 2006b). Such activation will result in an increase in intracellular calcium concentration, which in NOS positive neurones could release NO with a subsequent enhancement of excitatory synaptic potentials (Wu and Dun, 1995). Since lumbar sympathetic neurones contain NOS (Dun *et al.*, 1993) it is possible that VDN neurones may also be NOS positive, possibly providing a role for NO in the bursting pattern of sympathetic activity induced by i.v. PCA or apomorphine. NOS immunoreactivity in neurones of the lower lumbar and sacral spinal cord has also been described (Saito *et al.*, 1994) although no attempt has been made to relate their location to that of neurones involved in ejaculation. Therefore the present study first sought to confirm the distribution and location of NOS positive neurones in the

lumbosacral cord and to correlate this with regions considered to play a role in sexual responses. Secondly, using the anaesthetised rat model first described by Stafford *et al* (2006a) we determined whether NO in the lumbosacral cord participated physiologically in the generation of the spinal ejaculatory pattern of sympathetic and penile muscle response.

Experimental procedures

All experiments were approved by the local ethics committee of the University of Birmingham and were performed under a Home Office licence in accordance with the UK Animal (Scientific Procedures) Act 1986. All procedures were conducted on deeply anaesthetised animals that minimised suffering and all efforts were made to minimise the number of animals used. Animals were killed with an overdose of Urethane at the termination of the experiment.

Surgical preparation

32 male Wistar rats, weighing 281.3±4.8 g, were used. Anaesthesia was induced using 5% isoflurane. The right femoral vein was cannulated using 0.96mm (O.D.) polyethylene tubing and animals were transferred onto urethane anaesthesia (1.53±0.03 g/kg i.v.). The depth of anaesthesia was checked at regular intervals using the appearance and briskness of cornea/pedal reflexes and supplementary injections of 0.1ml urethane were used if necessary. The right femoral artery was cannulated using 0.96mm (O.D.) polyethylene tubing (Fisher Scientific, Loughborough, UK) filled with heparinised saline (20 IU/ml). The arterial cannula was connected to a pressure transducer (Capto SP 844, ADInstruments, Oxfordshire, UK), Bridge Amplifier (Model ML221, ADInstruments) and Powerlab system (ADInstruments) to monitor and record blood pressure and heart rate using Chart v4.1.1 (ADInstruments). The trachea was intubated using a truncated 6F (yellow) luer cannula (Portex Ltd, Kent, UK) to maintain a clear airway and record airflow and rate of respiration via a spirometer (Model ML141, ADInstruments).

Intrathecal cannulation

The spinal subarachnoid space was cannulated for the intrathecal (i.t.) administration of drugs. For this the rat was placed in the prone position and the skin overlaying the lumbar and sacral vertebrae was shaved and the region of the T_{13}/L_1 indicated using an indelible marker. An incision was made to expose the lumbar spine and the dorsal surface of the L_5

vertebra exposed after removal of the overlaying muscle. The dorsal lamina of the L₅ vertebra was partially removed and a PE-10 polyethylene catheter (Storkson *et al*, 1996), connected to a syringe filled with artificial cerebrospinal fluid (ASCF), was inserted under the dura through a small incision and advanced rostrally to the L₁-L₂ region. Care was taken to prevent damage to the nerve roots and spinal cord. The catheter was held in place by a ligature in the lumbar muscle and the wound was closed with sutures. Tip position was confirmed at necropsy. ACSF was made fresh daily and had the following composition (in mM): NaCL, 120.0; KCL, 5.0; MgCL₂, 2.0; CaCL₂, 5.0; Glucose, 25.0; HEPES, 10.0, pH 7.4.

VDN exposure

The animal was placed and remained in the supine position for the duration of the experiment. Surgery was then performed to access the VDN for recording as described fully by Stafford *et al* (2006a). Briefly, a ventral midline incision was made from the base of the sternum as far as the corpus penis, to access the abdomen and viscera. The animal was subsequently placed on a heating blanket (Harvard Instruments) and temperature monitored using a rectal probe, maintaining temperature at 36°C.

The abdomen was held open by securing the abdominal wall to a metal oval frame. The colon, ileum, seminal vesicles and bladder were secured aside in order to clearly access the nerve to the vas deferens. The nerve was dissected away from the surrounding tissue and mounted onto custom made 0.35mm silver bipolar hook electrodes and the abdominal cavity was filled with liquid paraffin (VWR, Lutterworth, UK) maintained at body temperature and to provide electrical isolation and prevent VDN damage from dehydration.

Recording VDN activity

VDN activity was amplified using a Neurolog amplifier (module NL104, Digitimer Ltd, Welwyn Garden City, UK), filtered at 50Hz (low frequency) to 3kHz (high frequency) (module NL125) and displayed on an oscilloscope (Gould, Ilford, UK). The signal was recorded simultaneously along with the cardiovascular and respiratory parameters on a Power Mac G4 personal computer using a Powerlab 8SP system and Chart acquisition software (v4.1.1, ADInstruments). VDN activity was converted online into firing frequency using a window discriminator within the Chart software set to remove

electrical noise, which was confirmed by crushing the nerve at the end of the experiment. Animals were left to recover for at least one hour before commencing with drug administrations.

Recording of bulbospongiosus muscle activity

A 2-3 cm midline longitudinal incision was made in the scrotum and the bulbospongiosus muscle exposed at the base of the penile bulb. Two silver wire electrodes were placed in the bulbospongiosus muscle and electromyographic (EMG) activity amplified (Neurolog, module NL104) and filtered at 50Hz (low frequency) to 3kHz (high frequency) (module NL125) and recorded along with VDN activity.

Experimental protocols

Apomorphine and PCA tests

Apomorphine or PCA were administered intravenously (in 0.9% saline) at a dose of 1.0mg/kg (Stafford *et al.*, 2006a; Stafford and Coote 2006) via the femoral vein and washed in with 0.1 ml saline. Each injection was carried out over a 5-second period and successive administrations were performed at hourly intervals.

i.t. administration of drugs

Initial confirmation of the location of the catheter tip was established by i.t. administration of L-Glutamic acid. All animals used in this study demonstrated a clear increase in VDN activity after L-Glutamic acid administration and therefore the position of the i.t. catheter was considered suitable to investigate the role of spinal cord NO in the ejaculatory response. As a control, 20-µl of ACSF was tested.

Modification by i.t. drugs of the response to apomorphine was examined between i.v. administrations 1 and 2 of this agent whereas the effect of i.t. drugs on PCA was examined between i.v. administrations 2 and 3 of this agent. Unless otherwise specified, i.t. injections took place 5 minutes prior to i.v. administration of apomorphine or PCA. Each drug was tested in separate animals. Drugs were administered in a volume of 20 μl at the rate of 0.5 μl/s. This procedure ensured that the T₁₃ to L₄ segments of spinal cord were reached by the drugs (confirmed by i.t. 20 μl of a solution containing pontamine sky blue) and without significant pressure change (confirmed by the absence of responses following i.t. 20 μl ACSF).

Experimental groups

Experiments were divided into the following groups:

- 1) Characteristics of response to i.v. PCA (n=26) or apomorphine (n=6).
- 2) Reproducibility of VDN response between sequential administrations of PCA (n=5).
- 3) Inhibition of NO production with the intrathecal application of the non-specific NOS inhibitor N^(G) nitro-L-Arginine methyl ester (L-NAME, n=7) and neuronal specific NOS inhibitor 1-(2-trifluoro-methylphenyl) imidazole (TRIM, n=3).
- 4) Reversal of the effect of L-NAME with the simultaneous intrathecal application of the NO precursor L-Arginine (L-NAME + L-Arg, n=3).
- 5) Effect of Intrathecal administration of L-Arginine on the response within the VDN using i.v. PCA (L-Arg, n=5).
- 6) Intrathecal NO donation with the NO donor sodium nitroprusside (SNP, n=8).

Data analysis

Blood pressure, heart rate and ventilation

Mean arterial blood pressure (BP), heart rate (HR) derived from the blood pressure record and the rate of respiration determined from airflow movements were analysed at baseline (BL) and during the peak level achieved after i.v. apomorphine and PCA administration. The temporal changes in each parameter were also recorded, namely the latency to and duration of the haemodynamic, chronotropic and ventilatory response elicited by i.v. apomorphine or PCA.

VDN activity

A 'response' is defined as one or more synchronous oscillatory bursts in VDN activity. The characteristics of the patterned responses elicited by i.v. PCA or apomorphine have been described previously (Stafford and Coote, 2006; Stafford *et al.*, 2006a). Parameters measured were as follows: the latency to the first response; overall duration of all responses from the time of PCA or apomorphine administration to the end of the last response; the total number of responses; the mean duration of all individual response(s); the number of synchronous oscillatory bursts that occur within a response(s); the frequency of synchronous oscillatory bursts that occur within a response(s); the baseline firing rate prior to PCA or apomorphine administration; the firing rate immediately prior

to the synchronous oscillatory bursts, the maximum firing rate of the synchronous oscillatory bursts within the response(s).

All data are presented as mean±S.E.M. Statistical analysis was carried out using one-way ANOVA and paired students t-test where appropriate using GraphPad Prism software (v4, GraphPad Software, San Diego, US). P<0.05 was considered significant.

Immunohistochemical identification of NOS positive neurones in the region of the ejaculatory pattern generator

To obtain tissue for immunhistochemical identification of NOS (NOS-IR) within the spinal cord, a separate group of 3 rats were killed and retrogradely perfused via the descending aorta with 400 ml heparinised saline (10 IU/ml) followed by 400 ml 4 % paraformaldehyde with 0.25% glutaraldehyde in 0.1M phosphate buffer (PB) (pH 7.4). Each spinal cord was post fixed for 2 hours and then transferred to 30% sucrose in 0.1M PB at 4°C overnight to afford cryoprotection. 40-50 µm transverse or longitudinal sections were cut using a freezing mictrotome. After an initial rinse in PBS for 10 minutes with gentle agitation, sections were blocked (PBS containing 10% normal goat serum [Vector Labs, Burlingame, US] and 0.1% Triton-X 100 [Sigma-Aldrich, Poole, UK]) for 30 minutes. After 3 (x10 mins) washes in PBS, sections were incubated in primary antibody for neuronal NOS (1:200 dilution [Sc648, Santa Cruz Biotechnology, California, US] along with 1% normal goat serum and 0.1% Triton-X 100 in PBS) for 24 hours at 4°C. Sections were subsequently washed in PBS (3 x10 mins) and incubated in secondary antibody (1:500 [BA-1000, Vector labs] together with 1% normal goat serum and 0.1% Triton-X 100) for 1 hour. After further washes (3 x 10 min in PBS) the reaction product was visualised after incubation in ABC (kit PK-6100, Vector Labs, 30 minutes, followed by 2 x 10 minutes washes in PBS) using a VIP kit (SK-4600, Vector Labs, Peterborough, UK). Following further washes, sections were mounted onto gelatinised slides, dried in air overnight and then dehydrated through ascending series of alcohols, cleared in Histoclear (National Diagnostics, Atlanta, US) and mounted using Histomount (National Dioagnostics, Atlanta, US).

Specificity of NOS immunoreactivity

The nNOS antisera were an affinity purified rabbit polyclonal antibody against rat brain nNOS (Santa Cruz Biotechnology Inc.). This NOS antibody has been extensively

characterised and shown to be specific for isoform 1 of rat brain NOS (nNOS). The present study followed the protocol and used the same antibody as described by Zheng *et al* (2006). Controls for false positive results were carried out on alternate spinal cord sections incubated in primary antibody (0.1M PBS, 0.1% Triton-X 100, 1% normal goat serum) followed by a further similar incubation with no secondary antibody. A similar procedure was carried out on a third group of sections from the same regions of spinal cord but without primary antibody for the final incubation but with secondary antibody included for the second incubation. All sections were then incubated in ABC solution using a VIP kit (SK-4600, Vector labs) processed and visualised as described above for the test solutions. There was a complete absence of nNOS immunoreactivity in these control section.

Drugs

Apomorphine (Tocris, Bristol, UK) and PCA (Sigma-Aldrich, Dorset, UK) were dissolved in physiological saline and administered i.v. at a dose of 1 mg/kg, washed in with 0.1ml saline. All drugs administered i.t. were purchased from Sigma-Aldrich and dissolved in artificial ACSF at the following concentrations: L-Glutamic acid (L-Glu, 200mM); N^(G) nitro-L-arginine methyl ester (L-NAME, 200mM); L-Arginine (L-Arg, 100mM); 1-(2-trifluoro-methylphenyl) imidazole (TRIM, 150mM); Sodium nitroprusside (SNP, 1mM). The concentrations used were based on Yang *et al* (2004), Stafford and Coote (2006) and Stafford *et al* (2006a).

Results

NOS-IR in the lumbosacral cord

NOS positive neurones were clearly identified in both transverse and longitudinal sections of the thoracic and lumbosacral cord (Fig1, Fig 2, Fig 3). These were most conspicuous in four areas. 1) The intermediolateral column (IML) at thoracic levels (Fig 1A, B; Fig 2A, B, Fig 3) at L₁-L₄ (Fig 1C, D; Fig 2C, D, Fig 3) and less dense at L₆-S₄ (Fig 1E, Fig 3). 2) A group of neurones in the dorsal gray commissure above the central canal at thoracic levels (Fig 1A, B, Fig 3) but most conspicuous at L₁-L₂ (Fig 1C, Fig 3) which corresponds to the central autonomic area (CA). 3) A group of neurones lying either side of the central canal and extending ventrally in the gray matter of lamina X to lie below the central canal most prominently at L₃-L₄ (Fig 1D; Fig 2C, D, Fig 3). 4) The

superficial laminae of the dorsal horn at all levels. There was a distinct absence of labelling in neurones of the ventral horn (Fig 3) at all levels.

Insert figures 1, 2 and 3 near this position

Actions of intravenous PCA

Blood pressure, heart rate and ventilation

Immediately following PCA (1 mg/kg, i.v. n=26) there was a small increase in BP (mean 16.0±1.6%, P<0.05) from a baseline of 98.4±3.0 mmHg to 113.7±3.0 mmHg after which it slowly fell to a lower level than control (89.3±3.2 mmHg) where it remained for 10 mins before recovering towards control levels. Heart rate typically increased (mean 12.7±2.1%) from a baseline of 452.2±7.2 bpm but this failed to reach significance (P>0.05). Respiration also showed a non-significant increase from a baseline of 133.1±4.1 breaths per minute to 142.5±6.9 breaths per minute (P>0.05, 14.4±3.1%) before slowly recovering to 120.0±4.5 breaths per minute.

VDN activity

In 26 rats, PCA (1 mg/kg, i.v.) initially caused a progressive increase in VDN firing rate to a mean of 76.1±5.9 Hz from a baseline of 31.0±1.9. This was followed by a series of intense bursts of nerve activity (peak firing frequency of 151.6±6.5 Hz). Each sequence comprised of a mean of 6.4±0.6 bursts of synchronised discharge that we have previously defined as a response (Stafford *et al*, 2006a). An example from one rat is shown in figure 4. The duration of each individual PCA response was 17.1±1.9s and the repetitive rate of each burst in a response had a mean of 0.388±0.012Hz. The first response occurred after a latency of 174.6±22.8s and the mean number of responses to a single dose of PCA was 2.9±0.4. The whole sequence of responses was completed within 632.5±124.4s.

Insert figure 4 near this position

We observed that each period of rhythmic bursting activity in the VDN was accompanied by simultaneous rhythmic contractions of the penile muscles as indicated by bursts of activity in the BSm EMG activity trace (Fig 5) and emission of seminal fluid from the glans penis but there was no obvious evidence of engorgement of the glans although retraction of the skin around the glans occasionally occurred (Stafford et al, 2006a). The ejaculatory events occurred well after the cardio-respiratory changes at a time when the latter were stable and virtually back to control values.

Action of intravenous apomorphine

Blood pressure, heart rate and ventilation

Apomorphine (1 mg/kg) elicited a profound decrease in BP with a mean change in 6 rats of 42.2±7.0% (P<0.001) from a mean of 99.2±8.9 mmHg to a mean of 57.0±2.8 mmHg. This was accompanied by a decrease in heart rate of 23.6±6.4% (from 481.2±14.7 bpm to 457.6±16.3 bpm, P>0.05). These changes occurred almost immediately after apomorphine administration but thereafter BP and heart rate slowly returned towards control over 5 mins. Ventilation was not recorded in these animals.

VDN activity

In 6 rats, apomorphine (1 mg/kg i.v.) initially caused a progressive increase in VDN firing rate to a mean of 59.4±13.1 Hz from a baseline of 40.1±14.4 Hz. This was followed by a series of intense bursts of activity (mean peak frequency 145.1±16.3 Hz.) each sequence comprising 4.9±0.3 bursts. The duration of each response was 9.8±0.6s and the repetition rate of each burst in a response was 0.496±0.008Hz. The first response occurred after a latency of 192.1±83.6s and the mean number of responses to a single dose of apomorphine was 6.7±1.5. The whole sequence of responses was completed within 1509.8±365.4s. None of the changes in VDN activity was correlated with cardiorespiratory events.

Like for PCA, the periods of rhythmic bursting were always accompanied by simultaneous rhythmic contractions of the penile muscles and emission of seminal fluid from the glans penis.

Effect of sequential dosing of PCA on VDN activity

In 6 rats we examined how well the VDN responses were reproduced to repeated doses of i.v. PCA. All the rats were implanted with an intrathecal catheter to ensure the preparations were comparable to the main series of rats where drugs were also applied to the spinal cord. In only 2 rats of this series was there a response to the first dose of PCA. This was confirmed in the 26 rats subjected to testing with PCA i.v. and intrathecally applied drugs, where less than 20% showed a response to the first dose of PCA. In the 6 control rats as well as in the 26 'test' rats all animals responded to the second administration. All 6 control rats responded to subsequent administrations of PCA i.v., that is the third, fourth and even the fifth dose. For experimental purposes we therefore

adopted a protocol to test effects of intrathecal drugs between administration 2 and 3. Table 1 shows the characteristics of the PCA responses in VDN for repetition doses 2 and 3. Although there were differences, in such parameters as number of responses, latency to the first response and overall duration of the sequence of responses, most parameters were quite similar and none of the differences were statistically significant.

Insert table 1 near this position

Effect of ACSF and L-Glutamic acid i.t.

Control intrathecal injections of 20-µl artificial cerebrospinal fluid (n=26) did not significantly (P>0.05) alter blood pressure (92.6±3.8 mmHg to 91.8±4.1 mmHg), heart rate (457.8±7.2 to 458.6±7.2 bpm), rate of respiration (141.4±4.4 breaths per minute to 142.7±4.2 breaths per minute) or mean firing rate within the VDN (41.2±5.0 Hz to 40.6±4.5 Hz).

To check that the i.t. catheter was located at L_1 - L_2 level we injected L-Glutamic acid (200mM, 20- μ l). This elicited a significant increase in basal firing rate of VDN activity from a mean of 40.2±4.4 Hz to 56.6±4.4 Hz (P<0.001). Remarkably in 6 of the 26 rats the initial increase in VDN activity was followed by a single PCA-like response. This VDN response occurred after a latency of 26.5±3.4s from the beginning of the intrathecal injection and lasted $8.8\pm1.7s$. Typically there were 4.0 ± 0.6 bursts of synchronous activity with a repetition rate of 0.427 ± 0.14 Hz. The mean peak frequency of discharge in each burst reached 114.8 ± 16.3 Hz.

BP was also increased significantly (P<0.05, n=26) from 91.7±3.6 mmHg to 102.4±4.3 mmHg. However neither heart rate (457.9±7.8 bpm before to 461.3±8.2 bpm, P>0.05) nor ventilation rate (140.1±4.7 breaths per minute before to 153.4±6.0 breaths per minute, P>0.05) were significantly affected.

Spinal cord NOS inhibition with L-NAME and TRIM i.t.

Baseline effects

Intrathecal L-NAME (n=4) did not significantly affect mean arterial BP (85.8±10.4 mmHg to 94.2±10.9 mmHg), HR (446.2±21.2 bpm to 433.2±20.8 bpm), the rate of ventilation (116.6±16.2 breaths per minute to 115.0±12.9 breaths per minute) or mean firing rate within the VDN (43.8±11.5 Hz to 44.9±11.2 Hz).

Similarly, TRIM given i.t. (n=3) was without significant effect on mean arterial BP (86.7±10.9 mmHg to 73.1±8.2 mmHg), HR (508.2±31.0 bpm to 505.8±29.8 bpm), the rate of ventilation (140.0±15.8 breaths per minute to 139.0±6.7 breaths per minute) or mean firing rate within the VDN (64.5±15.7 Hz to 58.3±15.9 Hz).

On the ejaculatory response to i.v. PCA or apomorphine

In 4 rats the intense oscillatory bursts of VDN activity, the coordinated contractions of the penile muscle and emission of seminal fluid in response to systemic administration of PCA was reversibly abolished by L-NAME i.t. (Fig 5). The mean data for the VDN response is illustrated in the bar graphs of Figure 6A-F. In a further 3 rats the specific nNOS inhibitor TRIM i.t. similarly abolished the VDN response to PCA i.v. (Fig 6 A-F). The effect of L-NAME i.t. on the response evoked by apomorphine was examined in an additional 3 rats. In 2 of these the VDN response was abolished together with other signs of ejaculation. In one rat VDN responses to i.v. apomorphine were still present but much reduced in number from 7 responses before L-NAME to 4 responses after L-NAME. These latter effects were mirrored by changes in bursts of penile muscle activity.

Insert figures 5 and 6 near this position

L-NAME +L-Arginine administration i.t.

On reversal of NOS inhibition with L-Arginine

In a separate groups of 3 rats, L-Arginine (100mM) was administered together with L-NAME (200mM), intrathecally (20-µl) 5 mins prior to PCA i.v. This procedure had no significant cardio-respiratory effects (data not shown). However the L-NAME inhibition of the VDN response to PCA was absent. A typical example from one rat is illustrated in Figure 7A-B. Values for all parameters measured for the response in VDN elicited by PCA i.v. were not significantly different before to those elicited by PCA i.v. alone and after L-NAME plus L-Arginine i.t. (Table 2).

Insert figure 7 and table 2 near this position

Effects of L-Arginine i.t.

In a further 5 rats the effect of L-Arginine (i.t., 100mM, 20-µl) on the PCA response was tested alone. Although there were no significant effects on blood pressure, heart rate or ventilation or the basal firing rate of activity in the VDN (data not shown), certain aspects of the response to i.v. PCA were significantly enhanced. Thus the number of synchronous

bursts within a response was significantly increased $(6.2\pm1.3 \text{ to } 11.0\pm1.5, \text{ P}<0.05, \text{ Fig 8D})$ so that the individual response duration significantly increased $(15.9\pm3.6\text{s})$ to $29.3\pm4.9\text{s}$, P<0.05, Fig 8E) and there was a trend for the latency to the first response to be decreased $(223.5\pm70.3\text{s})$ to $178.8\pm73.7\text{s}$, Fig 8A).

Insert figure 8 near this position

Spinal cord NO donation

Baseline effects

Intrathecal application of the NO donor sodium nitroprusside (SNP) was tested in 8 rats. This caused a significant decrease in mean arterial BP (93.8 ± 4.8 mmHg to 72.3 ± 2.6 mmHg, P<0.001) whilst not significantly altering heart rate (508.9 ± 8.4 bpm to 514.2 ± 9.1 bpm, P>0.05) or the rate of ventilation (137.4 ± 5.7 breaths per minute to 136.1 ± 5.4 breaths per minute, P>0.05).

In two out of eight animals, SNP i.t. (1mM, 20-µl) was followed by an increase in basal discharge in the VDN from 71.0 Hz to 76.5 Hz and 15 Hz to 23.0 Hz leading to a single series of oscillatory bursts in VDN (response) with a peak discharge rate of 171.0 Hz and 105 Hz. This response occurred after a latency of 28.5 s and 24.3 s and lasted for 12.0 s and 9.1 s. There were 6 and 4 bursts of synchronous activity within the responses, repeated at a rate of 0.510 Hz and 0.429 Hz. In the remaining 6 rats, SNP i.t. increased the level of activity in the VDN from a mean of 43.3±5.0 Hz to 50.9±5.3 Hz (P>0.05) but this did not result in a period of bursting activity.

On the ejaculatory response to i.v. apomorphine and PCA

In 6 rats, after testing the effect of either apomorphine (2 rats) or PCA (4 rats) i.v. in the induction of a response within the VDN, the effect of SNP (i.t., 1mM, 20-μl) was tested alone. Next SNP i.t. was applied 5 mins before intravenous apomorphine or PCA. NO donation i.t. greatly enhanced the number of oscillatory bursts within a response initiated by apomorphine i.v. (4.8 to 11.6 and 4.5 to 5.8, apomorphine alone SNP+apomorphine respectively) in the two rats on which it was tested (Fig 9A-B). Other parameters of the apomorphine induced VDN response were not consistently altered (latency, 49.5 s to 137.0 s and 333.8 s to 77.0 s; duration of response period, 2449.0 s to 1511.9 s and 630.0 s to 631.9 s; number of responses, 11 to 9 and 2 to 4; repetition rate of bursts, 0.494 Hz to

0.300 Hz and 0.530 Hz to 0.500 Hz; peak discharge rate of bursts, 127.8 Hz to 77.2 Hz and 179.5 Hz to 164.8 Hz).

Similarly the VDN responses induced by PCA appeared to be facilitated by i.t. SNP. This was clearly evidenced in 1 rat (Fig 9C-D) where there was a dramatic increase in the number of oscillatory bursts and length of response. In the three other rats that failed to respond to repeated administrations of PCA i.v. (1mg/kg), prior intrathecal application of SNP resulted in a return of ejaculatory responses in the VDN following i.v. PCA.

Insert figure 9 near this position

Discussion

We have previously described a characteristic series of responses in the nerve supplying the vas deferens that are associated with ejaculation evoked in the anaesthetised male rat by p-Chloroamphetamine (PCA) (Stafford et al, 2006a) or apomorphine (Stafford and Coote, 2006) when given intravenously. Using this model the present study provides evidence that neuronal derived nitric oxide in the lumbar spinal cord plays a significant role in the induction of a synchronised bursting pattern of sympathetic and somato-motor activity that may be representative of the neural events accompanying sexual climax. The conclusion is based on the demonstration that inhibitors of nitric oxide synthase applied to the lumbar spinal cord prevent the ejaculatory like response. Secondly this blockade can be partially overcome by the NO substrate L-Arginine. Thirdly, NO donation with sodium nitroprusside at the lumbar level enhanced certain aspects of the effect of PCA or apomorphine. Fourthly, many NOS positive neurones are located in areas of the lumbar spinal cord and sacral cord that may relay signals related to ejaculation.

The immunohistochemical study using an antibody specific against neuronal NOS revealed that as well as dense clusters of neurones in the IML at L₁-L₂, there were many NOS positive neurones located in the dorsal gray commissure above the central canal (Dun et al, 1993). The neurones have a topography and morphology similar to the sympathetic preganglionic neurones described to project in the hypogastric nerve and comprising the dorsal central autonomic nucleus that is a special feature at L1-L2 level of the spinal cord at least in the rat and guinea pig (Hancock and Peveto, 1979; Neuhuber, 1982; Barber et al, 1984; McLachlan, 1985; Nadelhaft and McKenna, 1987; Baron and Janig, 1991). However, since we did not positively identify these neurons as sympathetic

preganglionic neurones by retrograde labelling, their identity is still open to question. A further distinct group of NOS positive neurones is apparent at the L3-L4 level, in Lamina X on either side and ventral to the central canal. This latter group also appears to have been labelled in the histochemical studies of Valtschanoff *et al* (1992) and the immunohistochemical studies of Dun *et al* (1993) although no attention was drawn to it. The location overlaps with that of interneurones expressing c-fos activated during the urethrogenital reflex (Marson and Gravitt, 2004). Transneuronal virus labelling of the penile muscles ischiocavernosus and bulbospongiosus or the prostate also results in the infection of interneurones in the same region of the lumbar spinal cord (Marson and McKenna, 1996; Xu *et al.*, 2006). Furthermore neurones in this area comprise a key part of a spinal ejaculation generator (Truitt and Coolen, 2002; Carro-Juarez *et al.*, 2003; Coolen *et al.*, 2004). Thus there is a persuasive correlation in the location of NOS positive neurones and those neurones participating in emission and expulsion of sperm, suggesting that NO could play a key role in sexual responses.

We tested this possibility by examining the pattern of bursting nerve activity in he VDN elicited following intravenous PCA or apomorphine. These compounds were chosen because each acts by a different pathway. PCA elicits the response via a 5-HT_{2C} receptor located, at least in part, on neurones in the spinal cord (Stafford *et al.*, 2006b). In contrast the VDN response to apomorphine is mediated via D2/D3 receptor on neurones in supraspinal regions (Stafford *et al.*, 2006b; Clement *et al.*, 2007). The latter induces the effects in the spinal circuits independently of spinal 5-HT receptors since the action of apomorphine is unaffected by pre-administration of a highly selective 5-HT_{2C} receptor antagonist (Stafford and Coote, 2006) which blocks the PCA induced responses.

A problem with the i.v administration of PCA or apomorphine is that they produce cardiovascular and respiratory effects that may secondarily induce the VDN and penile muscle responses. By measuring these effects in this study we are able to rule this out because the cardio-respiratory changes were opposite for each drug and the occurrence was not positively correlated in time or direction with the appearance of the sequence of ejaculatory responses.

An important feature of the action of PCA and apomorphine is that the VDN responses are generally very robust to repeated application. Using the third intravenous dose of

PCA, which was 100% effective in the 6 control rats, we were able to rule out chance as a factor in the changes induced by intrathecally applied compounds. However, the lack of the clear pattern of VDN burst activity following a first dose of PCA in over 70% of animals was surprising. We had not observed this in our previous studies and have no convincing explanation, although in the present experiments unlike previous studies, all rats had undergone placement of an intrathecal catheter over the lumbar cord.

Having established a statistically valid protocol, the results convincingly show that NO is critical to the initiation of the genital response in these anaesthetised rats. Thus the intrathecal application of either the NOS inhibitor L-NAME or the more selective nNOS inhibitor TRIM abolished the series of responses associated with emission and ejaculation evoked by i.v. PCA as well as those by apomorphine. That this is an effect on the NO pathway is strengthened by the action of the NO substrate L-Arginine in reversing the actions of L-NAME. This is further supported by the action of intrathecal donation of NO by SNP, which given prior to i.v. PCA or apomorphine, potentiated the burst responses in the VDN, as measured by increases in the number of oscillatory bursts and duration of response. Of particular importance was that intrathecal SNP on its own was able to induce an oscillatory pattern of responses in 2 rats and it also appeared to enhance responses to PCA in another 3 rats.

The site of action of NO within the lumbar spinal cord was not specifically addressed in this study. However several pieces of the evidence may help identify how and where NO is acting to induce the series of observed motor responses linked with sexual behaviour.

Potential sites are the IML and dorsal central autonomic nuclei in the L₁-L₂ spinal cord where as we confirmed in the present study many neurones express NOS (Valtschanoff *et al.*, 1992; Dun *et al.*, 1993). As already suggested those in the dorsal central autonomic nuclei may be sympathetic preganglionic neurones projecting to the VDN via the hypogastric nerve. Therefore one mechanism maybe NO formation and release in these neurones as a result of Ca2+ influx which has been shown to enhance excitatory post synaptic potential in sympathetic preganglionic neurones in rat spinal cord slice in vitro (Wu and Dunn, 1995). This probably naturally occurs via presynaptic potentiation of neurotransmitter release and so we might postulate a similar action at terminals on sympathetic preganglionic neurones, of pathways activated by either PCA or

apomorphine in the present study. However this may not be the main contributor because the increase in VDN firing discharge rate, typically following PCA, appeared to be unaffected by NOS inhibition. The data are more consistent with an NO involvement at a pre-sympathetic site such as an ejaculatory pattern generator like that described to lie in lamina X at the L₃-L₄ level (Truitt and Coolen, 2002; Carro-Juarez et al., 2003; Coolen et al., 2004), where NOS positive neurones were observed in the present study. Any action of NOS inhibitors at this latter site would more easily explain their effects in preventing not only the VDN response but also the rhythmic contraction of the penile muscle. Similarly the induction of the entire ejaculatory response by L-Glutamic acid and SNP suggest a site common to both autonomic and somatic motor outflows. In this regard we found a conspicuous absence of NOS immunoreactive neurones in the ventral horn of the lumbar cord at locations where bulbospongiosus or ischiocavernosus muscle motoneurones have been identified by retrograde labelling (Scroder, 1980; Marson and McKenna, 1996; Tang et al., 1999). Therefore the inhibitory effect of L-NAME or TRIM could not have occurred on these neurones. We are aware that this study only examined the role of NO in those pathways mediating the action of apomorphine or PCA.

The same may not be the case for reflexly activated ejaculation that appears to depend on rhythmic pudendal nerve afferent input at the sacral and upper lumbar segments of the spinal cord (Marson and Gravitt, 2004). This might also implicate either neurones in the superficial laminae of the dorsal horn or groups of interneurones lying in lamina X between L₅-S₁ (McKenna and Nadelhaft, 1986; Marson and Gravitt, 2004; Xu *et al.*, 2006) amongst which we observed nNOS positive neurones. However to generate a coordinated activation of the diverse outputs there needs to be a means of synchronisation. We speculate that his is best understood in terms of a single generator.

Thus an action of NO primarily at an ejaculation generator would mean an enhancement of the ejaculatory response to all afferent stimuli. Therefore we suggest that reflex activation of ejaculation by signals from the nerves of the penis would be similarly facilitated, to the PCA or aportmorphine responses, but this important question remains to be answered.

Conclusion

In conclusion this study in the anaesthetised rat has shown that the rhythmic responses in the sympathetic nerve to the vas deferens and of the simultaneous coordinated contraction of penile muscles, comprising the ejaculatory response to i.v. PCA and apomorphine, involves NO formation and release in the lumbosacral spinal cord. The sympathetic preganglionic neurones supplying the vas deferens, parasympathetic neurones, somatosensory neurones in the lumbosacral spinal cord as well as neurones of an ejaculator pattern generator are all possible sites for the action of NO. The extent of the NO influence suggests it is pivotal for generation of rhythmic responses in autonomic and somatic outflows concerned with ejaculation in the anaesthetised preparation and may well be so in conscious animals.

Acknowledgments

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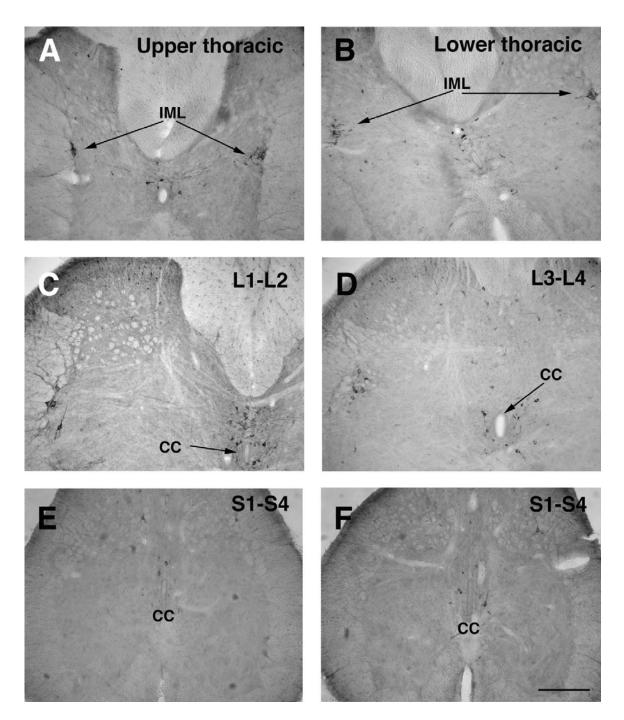


Figure 1

Transverse sections of rat spinal cord showing the distribution of neurones stained for nNOS. A, B: Thoracic segments, nNOS positive neurones are present in the principal sympathetic nucleus (IML) and in the central autonomic area (CA). C, D: Lumbar segments, nNOS stained neurons are distributed in the IML and CA above CC and ventrally around the CC. E, F: Sacral segments, a few nNOS positive neurones are present above the CC. Bar = 160 μ m. Abbrev. IML-intermediolateral cell column; CC-central canal.

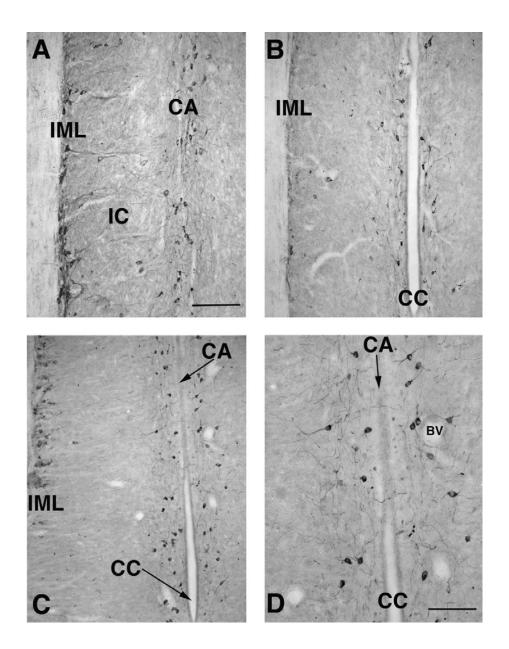


Figure 2 Distribution of nNOS positive neurones in horizontal section of rat spinal cord (T8-L4). A, B: In lower thoracic segments nNOS positive neurones were found within the main sympathetic nuclei (IML, IC, CA) and either side of the central canal (CC). C: In lumbar segments nNOS staining was found in the IML, CA and extending ventrally around CC. D: Higher magnification of C. nNOS positive neurones with extensive dendritic arborisation were sited close to CA and more ventrally surrounding the CC. Note the close association of some nNOS positive cell bodies and dendrites with blood vessels. Abbreviations BV- blood vessel, IML –intermediolateral cell column; IC-intercalated region CA- central autonomic area; CC-central canal. A-C Bar = 160 μm; D Bar = 80 μm.

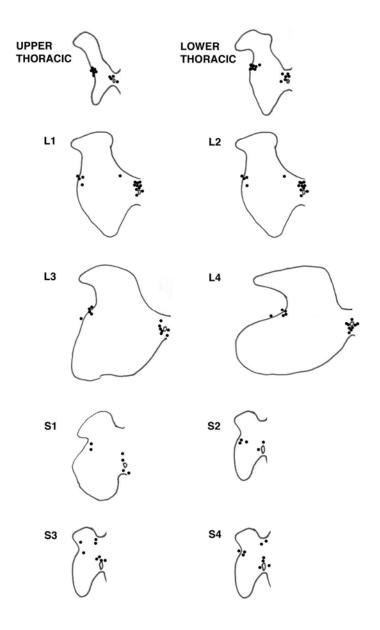


Figure 3. Schematic of the gray matter on the left side at representative levels of the rat spinal cord showing the distribution of nNOS positive neurones in the principle autonomic nuclei, ventral horn, intermediate gray and central gray area: mapping from one rat. Each dot represents one cell body.

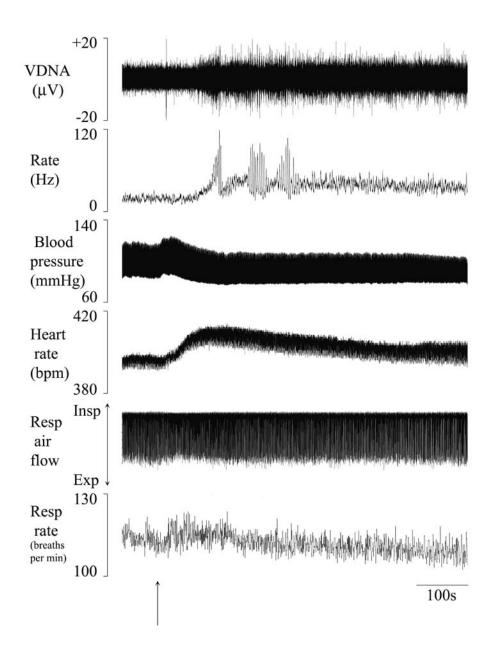


Figure 4. Effect of 1 mg/kg PCA (arrow, i.v.) on raw vas deferens nerve activity (VDNA), integrated firing rate within the vas deferens nerve, blood pressure, heart rate, respiratory airflow movements and rate of respiration from a typical experiment.

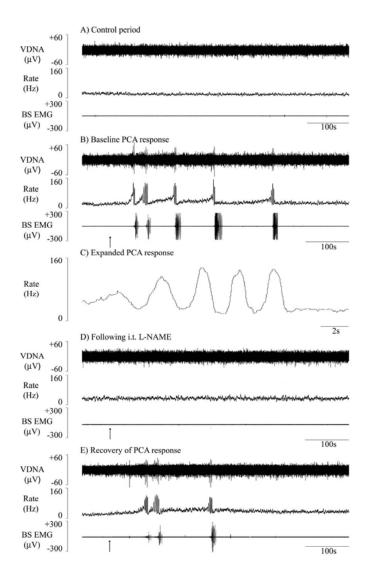


Figure 5.

PCA induced bursting activity of the VDN and EMG of the bulbospongiosus muscle (BS EMG) and its abolition by intrathecal application of N^(G) nitro-L-Arginine methyl ester (L-NAME). A. A control period of raw VDN activity, the integrated rate meter record and BS EMG. B. Period of synchronous bursting within the VDN and BS EMG after 1 mg/kg PCA (arrow, i.v.). C. An expanded trace of the integrate rate meter record of VDN activity, 70s after administration of 1 mg/kg PCA. D. The neural and EMG response after 1 mg/kg PCA (i.v., arrow) following intrathecal application of L-NAME at L₂ (200mM, 20 μl). E. Recovery of the responses to i.v. PCA (1mg/kg, arrow) 60 minutes after L-NAME application.

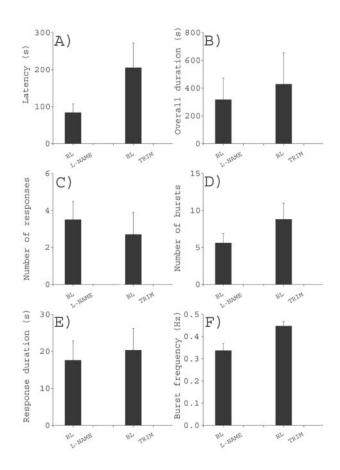


Figure 6.Summary of the effect of NOS inhibition using the non specific NOS inhibitor N^(G) nitro-L-Arginine methyl ester (L-NAME) and the neuronal specific NOS inhibitor 1-(2-trifluoro-methylphenyl) imidazole (TRIM) on the VDN response to 1 mg/kg PCA (i.v.). A) latency to first response, B) overall duration of response(s), C) number of responses, D) number of synchronous oscillatory bursts within each response, E) individual response duration, D) frequency of synchronous oscillatory bursts. BL: baseline PCA response prior to L-NAME or TRIM application.

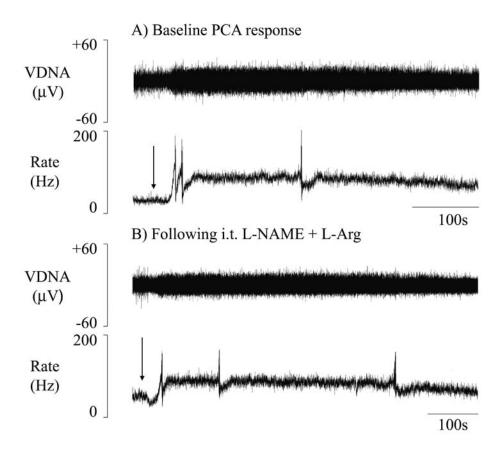


Figure 7. PCA induced bursting activity of the VDN and reversal of the abolition of the response following intrathecal administration of $N^{(G)}$ nitro-L-Arginine methyl ester (L-NAME) with the simultaneous application of L-Arginine (L-NAME+L-Arg). A. Baseline response to 1 mg/kg PCA (i.v., arrow). B. Response to i.v. (arrow) PCA following intrathecal application of L-NAME (200mM) and L-Arg (200mM) at L_2 (20 μ l).

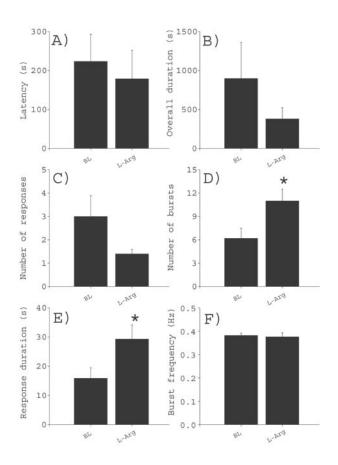


Figure 8. Summary of the effect of intrathecal application of L-Arginine (L-Arg, 200mM, 20 μ l on the VDN response to 1 mg/kg PCA (i.v.). A) latency to first response, B) overall duration of response(s), C) number of responses, D) number of synchronous oscillatory bursts within each response, E) individual response duration, D) frequency of synchronous oscillatory bursts. BL: baseline PCA response prior to L-Arg application. *P<0.05, paired students t-test.

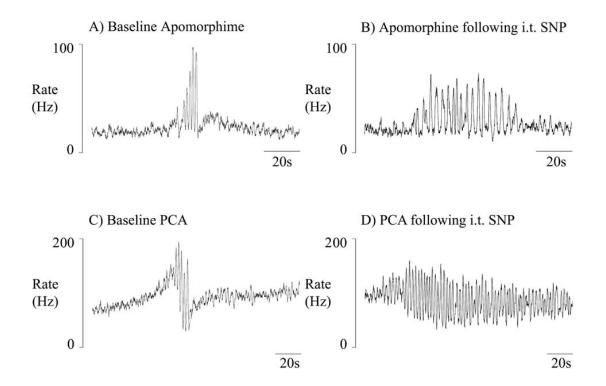


Figure 9. Enhancement of the response to 1 mg/kg apomorphine (i.v.) and 1 mg/kg PCA following intrathecal application of SNP (1mM, 20 μ l). Examples of a baseline response within the VDN after apomorphine (A) and PCA (C) and again following SNP application (B: apomorphine, D: PCA).