Prothrombin complex concentrate in cardiac surgery: A systematic review and meta-analysis

M. Roman¹, F. Biancari^{2,3}, A.B. Ahmed⁴, S. Agarwal⁵, L. Hadjinikolaou⁶, A. Al-Sarraf⁶, G. Tsang⁷, A. Oo⁸, M. Field⁹, F.Santini¹⁰ and G. Mariscalco^{1,10}

¹Department of Cardiovascular Sciences, University of Leicester, Glenfield Hospital, Leicester, United Kingdom, ²Heart Center, Turku University Hospital and University of Turku, Turku, Finland;
 ³Department of Surgery, University of Oulu, Oulu, Finland, ⁴Department of Anaesthesia and Critical Care, Glenfield Hospital, University Hospitals of Leicester NHS Trust, Leicester, United Kingdom, ⁵Department of Anaesthesia, Liverpool Heart and Chest Hospital, Liverpool, United Kingdom, ⁶Cardiac Surgery Unit, Glenfield Hospital, University Hospitals of Leicester NHS Trust, Leicester, United Kingdom, ⁶Cardiac Surgery Unit, Glenfield Hospital, University Hospital Southampton NHS Foundation Trust, Southampton, United Kingdom, ⁸Department of Cardiac Surgery, Barts Heart Centre, St.
 Bartholomew's Hospital, London, United Kingdom, and ¹⁰Department of Integrated Surgical and Diagnostic Sciences (DISC), Division of Cardiac Surgery, University of Genoa, Italy.

Corresponding Author

Giovanni Mariscalco, MD, PhD Department of Cardiovascular Sciences, University of Leicester, Clinical Science Wing • Glenfield Hospital LE39QP • Leicester United Kingdom Tel: +44.(0)116.258.3019 Email: giovannimariscalco@yahoo.it

Word count: 2380

Abstract

Background: Bleeding after cardiac surgery has significant deleterious effects on patient recovery. Prothrombin complex concentrate (PCC) has recently emerged as effective alternative to fresh frozen plasma (FFP) in treating perioperative excessive bleeding. We performed a systematic review to evaluate the safety and efficacy of PCC administration as first-line treatment in coagulopathy following adult cardiac surgery.

Methods: We searched PubMed/MEDLINE, EMBASE, and the Cochrane Library from inception to the end of March 2018 to identify the eligible articles. Adult patients undergoing cardiac surgery and receiving perioperative PCC were compared to those receiving fresh frozen plasma (FFP). Odds ratios (OR) with corresponding 95% confidence intervals (CI) were adopted for synthesizing the outcomes of interest.

Results: A total of 861 adult patients from a total of 4 studies were obtained. No randomized studies were identified. Pooled ORs showed that PCC cohort was associated with a significant reduction in the risk of RBC transfusion (OR 2.22; 95%CI 1.45-3.40; $I^2 = 0\%$) and units of RBC received (OR 1.34; 95%CI 0.78-1.90; $I^2 = 27\%$). No differences between groups were observed for re-exploration for bleeding (OR 1.09; 95%CI 0.66-1.82; $I^2 = 35\%$), chest drain output at 24 hours (OR 66.36; 95%CI - 82.40-216.11; $I^2 = 0\%$), hospital mortality (OR 0.94; 95%CI 0.59-1.49; $I^2 = 0\%$), stroke (OR 0.80; 95%CI 0.41-1.56; $I^2 = 0\%$), and AKI occurrence (OR 0.80; 95%CI 0.58-1.12; $I^2 = 0\%$) (Figure 2). A trend toward increased risk of RRT was observed in the PCC group (OR 0.41; 95%CI 0.16-1.02; $I^2 = 0\%$). No side effects related to direct PCC administration were reported.

Conclusions: In patients with coagulopathy following cardiac surgery, PCC administration seems to be more effective than FFP in reducing perioperative blood transfusion requirements. No additional risks of thromboembolic events or other adverse reactions were observed. However, randomized controlled trials are needed to definitively establish the safety and efficacy of PCC in cardiac surgical patients.

Keywords: cardiac surgery; surgical blood loss, prothrombin complex concentrate, coagulopathy.

Summary

Bleeding after cardiac surgery has significant adverse effects on patient recovery, affecting early and late patient prognosis.¹⁻⁵ Its impact on hospital resources is also substantial, since the excessive blood loss frequently necessitates transfusion of allogeneic blood, blood products, and surgical re-exploration.¹ Prothrombin complex concentrate (PCC) has recently emerged as effective alternative to fresh frozen plasma (FFP) in treating excessive bleeding following cardiac surgery.⁶⁻¹⁰

Overview of Prothrombin complex concentrates

PCCs typically contain 3 (II, IX, and X) or 4 (II, VII, IX, and X) vitamin K-dependent clotting factors derived from human plasma. Additionally, most PCCs are inactivated and contain a small amount of unfractionated heparin proteins C, S, and Z and/or antithrombin to prevent clotting factor activation and thrombogenesis.

Indications and mechanism of action

Inactive PCCs have gained popularity after FDA approval, currently being indicated in the emergency reversal of Warfarin or refractory bleeding. The mechanism of action consists of the supplementation of these coagulation factors (especially Factor II and Factor VII) in the context of reduced thrombin generation, pro-coagulant and anticoagulant factors.

A previously published consensus recommends the administration of PCC (20 to 30 IU/kg bodyweight) in the case of persistent bleeding and/or prolonged clotting time, but in clinical practice there is a dose variation between different publications and centres.

Study justification

Despite the benefits of PCCs in the rapid correction of coagulation disorder, a raised thrombogenic risk is often advocated as a limiting factor for the universal use of PCCs in cardiac surgery. The purpose of the present systematic review with meta-analysis is to summarise the existing literature that evaluates the safety and efficacy of PCC administration as first-line treatment in coagulopathy following adult cardiac surgery.

Methods

Protocol Registration, Search Strategy and Outcome Measures

The review protocol with its complete details was published online and registered in PROSPERO International Prospective Register of Systematic Reviews (CRD42017074677).¹⁶ The review adhered to MOOSE (Meta-Analysis of Observational Studies in Epidemiology) and PRISMA (Preferred Reporting Items for Systematic Reviews and Meta-Analyses) guidelines (Supplementary Appendix I and II).^{17,18} PubMed/MEDLINE, EMBASE, and the Cochrane Library were searched from inception to the end of March 2018 without date or language restriction. Search criteria, adopted keywords and MeSH terms used in relevant combinations are reported in the Supplement Material, and included: prothrombin complex concentrate, cardiac surgery, bleeding disorders, coagulopathy, coronary artery bypass grafting, valve surgery, aortic surgery, cardiac transplant, ventricular assist device, mortality, morbidity, and patient outcome. To supplement electronic search, the "first generation" reference lists of pertinent articles were also reviewed.

The exposure of interest was the administration of PCC as first-line treatment in coagulopathy following cardiac surgery. The primary outcome was the rate and number of units of perioperative/postoperative red blood cell blood (RBC) transfusions. Secondary outcomes included all-cause mortality in hospital or within 30 days from the index admission or procedure, re-exploration for bleeding, 24 h chest drain output, adverse events, the rate of thromboembolic events, renal replacement therapy (RRT), and acute kidney injury (AKI).

Study Selection and Participants

Randomized controlled trials and observational studies irrespective of blinding that consider the administration of PCC the first-line treatment in coagulopathy following cardiac surgery were included. All adult cardiac surgical procedures were considered for the purpose of this systematic review. Inclusion and exclusion criteria for qualitative/quantitative analyses were summarized according to the PICOS (population, intervention, comparator, outcomes, and study design) approach (Supplementary Table 1). Titles, abstracts, and full-text articles against the specified inclusion criteria

were independently reviewed by two investigators M.R. and G.M. Discrepancies were resolved through consensus and consultation with a third investigator (F.B.).

Data collection, Extraction and Quality Assessment

Two reviewers (M.R. and G.M.) extracted key data from the selected studies using standard dedicated pro-forma, while a third reviewer checked the collected data for completeness and accuracy (F.B.). Year of publication, study design, country, sample size, recruitment period, number of patients in each treatment group, inclusion/exclusion criteria, type of cardiac operations, measured outcomes, baseline patient demographics, cardiac status, comorbidities, and outcomes among relevant subgroups of patients were all extracted. The Newcastle-Ottawa Scale and the Cochrane Risk of Bias tool also was used to evaluate the methodological quality of all included studies.^{19,20}

Statistical analysis

Statistical analysis was performed using Review Manager v. 5.3 and Open Meta-analyst statistical software packages.²¹⁻²³ Continuous variables reported as median and interquartile range were included in the analysis considering the median as mean and calculating the standard deviation as the interquartile range divided by 1.35. Baseline risk factors and outcomes are reported as pooled proportions or mean differences with 95% confidence intervals (CI). Outcomes were pooled with random-effects method, leading to computations of mean differences and odds ratios with 95% CI.²⁴ l^2 statistic was used to estimate the percentage of total variation across studies attributed to heterogeneity rather than chance. Suggested thresholds for heterogeneity were used, with l^2 values of 25% to 49%, 50% to 74%, and \geq 75%, indicative of low, moderate, and high heterogeneity.²⁵ Publication bias was evaluated using visual inspection of funnel plot asymmetry and by Egger's test.²⁶

Results

Study design, selection and quality assessment

Of the 1402 records identified, only 4 studies were included in the systematic review, and they were published between 2012 and 2018 (Supplementary Figure 1).⁷⁻¹⁰ The list of excluded studies and the reason for exclusion is reported in Supplementary Table 2. No randomized trials were identified comparing PCC with FFP in the treatment of excessive bleeding following cardiac surgery. Demographic and surgical characteristics between the studies and the patient groups were comparable (Tables 1 and 2). Full study characteristics and collected outcomes are summarized in Table 3. The final analysis included 861 patients; 423 subjects received PCC while 438 FFP. In two studies PCC administration was supplemented with other blood components, including FFP.^{8,9} The dose of PCC varies among the studies with a reported range between 15 and 25 IU \cdot Kg⁻¹. The management of perioperative coagulopathy was based on defined algorithms in two studies only, based on a combination of whole-blood point-of-care assays and standard laboratory assays (generally INR > 1.5, ROTEM>90 s or TEG® R-time > 10 min).^{9,10} In the remaining two studies, the administration of PCC and other blood products was left to discretion of the individual surgeon and attending intensivist, and no clear algorithms were followed.^{7,8}

Quality assessment indicated that all the included studies were at significant risk of bias (mean NOS score: 2.8; Supplementary Table 3), especially selection bias, attrition bias and reporting bias.

Outcome measures

Pooled ORs showed that PCC cohort was associated with a significant reduction in the risk of RBC transfusion as well as units of RBC received (OR 2.22, 95% CI 1.45-3.40, and OR 1.34, 95% CI 0.78-1.90, respectively) with no heterogeneity among studies ($I^2 = 0\%$ and $I^2 = 27\%$, respectively) (Figure 1). No differences between groups were observed for re-exploration for bleeding and chest drain output at 24 h (Figure 1). Similarly, no differences were detected for other secondary outcomes, including hospital mortality (OR 0.94, 95%CI 0.59-1.49), stroke (OR 0.80, 95% CI 0.41-1.56) and AKI occurrence (OR 0.80, 95%CI 0.58-1.12) (Figure 2). Conversely, a trend toward increased risk of RRT was observed in the PCC group (OR 0.41, 95% CI 0.16-1.02) (Figure 2).

Restraining the analysis to propensity score matched studies,^{8,9} the PCC cohort revealed a significant reduced risk of blood transfusion (OR 2.55, 95% CI 1.58-4.10), and a similar risk of postoperative stroke and hospital mortality (OR 0.80, 95% CI 0.41-1.56, and OR 0.94, 95% CI 0.57-1.54, respectively) compared to the FFP cohort. A trend toward lower risk of AKI (OR 0.81, 95%CI 0.58-1.12) was observed in the FFP cohort. No direct side effects related to PCC administration were reported in any of the included studies.

Discussion

A limited number of studies have evaluated the safety and efficacy of PCC as first-line treatment in coagulopathy following adult cardiac surgery, despite its proven efficacy as warfarin and vitamin K antagonist (VKA) reversal in both randomised and non-randomised clinical trials.²⁷⁻³⁰ Administration of PCC is now recommended for severe bleeding from warfarin and VKA in different guidelines, while its use in the perioperative management of haemostasis in cardiac surgery has not been established yet.^{13,31} Our systematic review is the first review to highlight the efficacy of PCC over FFP in reducing RBC transfusions in the context of excessive bleeding following cardiac surgery, without increasing the perioperative risk of thromboembolic events.

Benefits of PCC treatment

PCC has certainly several advantages in the cardiac surgery population, especially in patients with severe comorbidities. It can be reconstituted readily, and completely replenishes coagulation factors without any reductions in haematocrit, fibrinogen, or platelet count.³² Avoiding administration of large of volumes of blood products prevents transfusion-associated circulatory overload (TACO), and the risks of transfusion-related acute lung injury (TRALI). These are both serious conditions in patients with an imbalanced cardiac and renal function.³² Refaai et al.³³ in a post-hoc analysis of two randomized studies observed that fluid overload and cardiac events occurred three times more often in FFP patients compared to those receiving PCC. In an observational study including more than 5 million inpatient records, Magee et al.³⁴ demonstrated that the fluid overload associated with the number of units of FFP transfused led to an increased hospital mortality, non-home discharge, and intensive care unit admittance. PCC has been also proved to be more cost-effective than FFP, with a documented significant decrease in hospital cost for patients receiving PCC when compared to those receiving FFP.^{7.35}

Patients receiving PCC had a significant lower amount of units of RBC transfused with a 10% overall decrease in the rate of RBC transfusion, and this has been clearly demonstrated to have an indirect impact on hospital resources and patient outcome even after transfusion of as little as 1 or 2 RBC units.^{1,36} Different point of care tests (e.g. Thromboelastography) are becoming more widely available to further aid and guide the indications for blood transfusion in cardiac surgery patients. A point of

care transfusion algorithm using PCCs has been reported previously by Gorlinger et al and Weber et al.

Risks of PCC treatment

Nevertheless, the advantages exerted by PCC use are often overcome by the concerns related to the potential thromboembolic risk, especially when incremental doses of PCCs are administered.³⁷⁻⁴⁰ Lusher et al.³⁸ firstly reported thrombotic events, including stroke and disseminated intravascular coagulopathy in patients with haemophilia B after repeated PCC doses. Other cases of intra-cardiac thrombosis including myocardial infarction have also been described.^{39,40} However, the thrombogenic risk associated with PCC administration has not been substantiated in more recent evidence.7-10 Possible explanations included the lack of anticoagulants Protein C and Protein S in the earlier PCC formulations,⁴¹ or the imbalance with anticoagulants subsequent to the administration of procoagulants with the risk of unopposed thrombotic events.⁴² An increased risk of thromboembolism was observed in hemodiluted and antithrombin-deficient patients in an in-vitro dilutional model,⁴³ while antithrombin deficiency and hemodilution are very common perioperative conditions encountered in cardiac surgery, especially during and after cardiopulmonary bypass.⁴⁵ In our systematic review and meta-analysis we did not observe any increased risk of stroke. However, it should be highlighted that the low-incidence of thromboembolic events requires large patient populations to be studied, and all the studies investigating safety end-points following PCC administration are limited by their small sample size.⁷⁻¹⁰ In their randomized multicentre, open-label, non-inferiority trial comparing 4-factor PCC with FFP for VKA reversal in major bleeding, Sarode et al.²⁹ observed a similar rate of thromboembolic events between the two cohorts of patients (3.9% vs 2.8%). Consonant data were reported by Cappabianca et al.⁸ in the cardiac surgical field. Perioperative administration of PCC was not associated with a higher stroke rate than FFP.⁸ Similarly, our systematic review did not demonstrate an increased hospital mortality following the perioperative administration of PCC. Again, the reduced number of patients enrolled in the analysed studies is a relevant limitation for solid conclusive evidence regarding the safety of PCC in cardiac surgery.

Finally, the use of PCC has been associated with an increased incidence of postoperative AKI, including RRT.^{8,44} A possible explanation is related to the relative hypovolemia often encountered in the PCC patients compared to those receiving FFP or to the fact that PCC was administered to sicker patients with multiple comorbidities.⁸ In our systematic review, we observed a trend toward lower risk of AKI and RRT in the FFP cohort, although this did not reach the statistical significance. This is consistent with the existing reports, but this should be interpreted cautiously due to only 2 of studies reporting these outcomes in our meta-analysis.

Study limitations

Certainly, our systematic review is limited by the reduced number of included studies, and this paucity of data restricts the possible recommendations for the universal adoption of PCC in cardiac surgery. Even the optimal dose of PCC administration has not been established yet, with some evidence recommending a body weight based dosage regimen while some others a targeted INR correction.^{8,13} This variability is also reflected in the studies included in our analysis. The management of perioperative coagulopathy was based on defined algorithms in two studies only.^{9,10} Our analysis is also biased by the lack of randomized trials investigating the safety and efficacy of PCC in the first-line treatment of coagulopathy following adult cardiac surgery, therefore limiting our qualitative and quantitative analysis to retrospective observational studies only, often with a limited sample size.⁷⁻¹⁰ Retrospective studies are subject to confounders and bias, possibly affecting the conclusive power of our meta-analysis. Severe methodological flaws, unclear inclusion/exclusion criteria, and different patient group comparisons prevent us from a large study analysis. Finally, observed unadjusted estimates close to the statistical significance should be considered carefully in light of possible bias related to the small number of the studies included in the systematic review.

Conclusion

In conclusion, the results of the present analysis seem to indicate that in patients with coagulopathy following cardiac surgery, the administration of PCC is more effective than FFP in reducing perioperative blood transfusion requirements. Our results also suggest that administration of PCC is not associated with additional risks of thromboembolic events or other adverse reactions. However, clinical validation studies and randomised control trials are needed to definitively establish the safety

and efficacy of PCC in cardiac surgical patients. Furthermore these should address the incorporation of PCCs in transfusion algorithms in bleeding patients following surgery.

Author's contributions

MR, FB, and GM had full access to all of the data in the study and take responsibility for the integrity of the data and the accuracy of the data analysis.
Study conception and design: MR, FB, AA and GM.
Acquisition of data: MR, FB, and GM.
Analysis and interpretation of data: MR, FB, AA, LH, AA, AO, MF, GJM and GM.
Writing paper: MR, FB, AA and GM.
Critical revision of the manuscript for important intellectual content: MR, FB, AA, LH, AA, AO, MF, GJM and GM.
Paper supervision: MR, FB, AA, LH, AA, AO, MF, GJM and GM.

Language revision: AA, AO and MF.

Declaration of interest

The authors declared no potential conflicts of interest with respect to the research, authorship, and/or publication of this article.

Funding

The authors received no financial support for the research, authorship, and/or publication of this article.

References

- Murphy GJ, Reeves BC, Rogers CA, Rizvi SI, Culliford L, Angelini GD. Increased mortality, postoperative morbidity, and cost after red blood cell transfusion in patients having cardiac surgery. *Circulation* 2007;116:2544-52.
- 2. Kinnunen EM, De Feo M, Reichart D, et al. Incidence and prognostic impact of bleeding and transfusion after coronary surgery in low-risk patients. *Transfusion* 2017;**57**:178-186.
- 3. Biancari F, Tauriainen T, Perrotti A, et al. Bleeding, transfusion and the risk of stroke after coronary surgery: A prospective cohort study of 2357 patients. *Int J Surg* 2016;**32**:50-7.
- Mariscalco G, Biancari F, Juvonen T, et al. Red blood cell transfusion is a determinant of neurological complications after cardiac surgery. *Interact Cardiovasc Thorac Surg* 2015;20:166-71.
- Kinnunen EM, Juvonen T, Airaksinen KE, et al. Clinical significance and determinants of the universal definition of perioperative bleeding classification in patients undergoing coronary artery bypass surgery. *J Thorac Cardiovasc Surg* 2014;**148**:1640-1646.e2.
- Tang M, Fenger-Eriksen C, Wierup P, et al. Rational and timely haemostatic interventions following cardiac surgery - coagulation factor concentrates or blood bank products. *Thromb Res* 2017;154:73-79.
- Arnékian V, Camous J, Fattal S, Rézaiguia-Delclaux S, Nottin R, Stéphan F. Use of prothrombin complex concentrate for excessive bleeding after cardiac surgery. *Interact Cardiovasc Thorac Surg* 2012;15:382–9.
- 8. Cappabianca G, Mariscalco G, Biancari F, et al. Safety and efficacy of prothrombin complex concentrate as first-line treatment in bleeding after cardiac surgery. *Crit Care* 2016 Jan 6;**20**:5.
- Fitzgerald J, Lenihan M, Callum J, et al. Use of prothrombin complex concentrate for management of coagulopathy after cardiac surgery: a propensity score matched comparison to plasma. *Br J Anaesth* 2018; (in press).
- Ortmann E, Besser MW, Sharples LD, et al. An exploratory cohort study comparing prothrombin complex concentrate and fresh frozen plasma for the treatment of coagulopathy after complex cardiac surgery. *Anesth Analg* 2015;**121**:26–33.
- Harper PC, Smith MM, Brinkman NJ, et al. Outcomes Following Three-Factor Inactive Prothrombin Complex Concentrate Versus Recombinant Activated Factor VII Administration During Cardiac Surgery. *J Cardiothorac Vasc Anesth* 2018;**32**:151-157.
- Ashikhmina E, Said S, Smith MM, et al. Prothrombin Complex Concentrates in Pediatric Cardiac Surgery: The Current State and the Future. *Ann Thorac Surg* 2017;**104**:1423-1431.
- Pagano D, Milojevic M, Meesters MI, et al. 2017 EACTS/EACTA Guidelines on patient blood management for adult cardiac surgery. *Eur J Cardiothorac Surg* 2018;53:79-111.

- 14. Sin JH, Berger K, Lesch CA. Four-factor prothrombin complex concentrate for life-threatening bleeds or emergent surgery: A retrospective evaluation. *J Crit Care* 2016;**36**:166-172.
- 15. Sørensen B, Spahn DR, Innerhofer P, Spannagl M, Rossaint R. Clinical review: Prothrombin complex concentrates--evaluation of safety and thrombogenicity. *Crit Care* 2011;**15**:201.
- Roman M, Ahmed A, Mariscalco G. Systematic review and future trends in the use of Prothrombin complex concentrate in surgery. PROSPERO 2017: CRD42017074677.
- Stroup DF, Berlin JA, Morton SC, et al. Meta-analysis of observational studies in epidemiology: a proposal for reporting. Meta-analysis Of Observational Studies in Epidemiology (MOOSE) group. *JAMA* 2000;**283**:2008–2012.
- Moher D, Liberati A, Tetzlaff J, Altman DG; PRISMA Group. Preferred reporting items for systematic reviews and meta-analyses: the PRISMA statement. *BMJ* 2009;**339**:b2535.
- The Newcastle-Ottawa Scale (NOS) for assessing the quality of nonrandomised studies in metaanalyses. Available at http://www.ohri.ca/programs/clinical_epidemiology/oxford.asp. (accessed 31 March 2018).
- Higgins JPT, Green S. Cochrane Handbook for Systematic Reviews of Interventions. Version 5.1.0 [updated March 2011]. The Cochrane Collaboration; 2011. Available from http://www.cochranehandbook.org (accessed 31 March 2018).
- Review Manager (RevMan) [Computer program]. Version 5.3. Copenhagen: The Nordic Cochrane Centre, The Cochrane Collaboration, 2014.
- 22. Open-Meta-Analyst. Available at http://www.cebm.brown.edu/openmeta/doc/openMA help.html#self. (accessed 31 March 2018).
- 23. Wallace BC, Schmid CH, Lau J, Trikalinos TA. Meta-Analyst: software for meta-analysis of binary, continuous and diagnostic data. *BMC Med Res Methodol* 2009;**9**:80.
- Borenstein M, Hedges LV, Higgins JPT, Rothstein HR. A basic introduction to fixed-effect and random-effects models for meta-analysis. *Res Synth Methods*. 2010;1:97-111. Higgins JP, Thompson SG. Quantifying heterogeneity in a meta-analysis. *Stat Med* 2002;21:1539-58. doi:10.1002/sim.1186.
- 25. Egger M, Davey Smith G, Schneider M, Minder C. Bias in meta-analysis detected by a simple, graphical test. *BMJ* 1997;**315**:629-634.
- 26. Steiner T, Poli S, Griebe M, et al. Fresh frozen plasma versus prothrombin complex concentrate in patients with intracranial haemorrhage related to vitamin K antagonists (INCH): a randomised trial. *Lancet Neurol* 2016;**15**:566-73.
- 27. Goldstein JN, Refaai MA, Milling TJ Jr, et al.Four-factor prothrombin complex concentrate versus plasma for rapid vitamin K antagonist reversal in patients needing urgent surgical or invasive interventions: a phase 3b, open-label, non-inferiority, randomised trial. *Lancet* 2015;**385**:2077-87.

- 28. Sarode R, Milling TJ Jr, Refaai MA, et al. Efficacy and safety of a 4-factor prothrombin complex concentrate in patients on vitamin K antagonists presenting with major bleeding: a randomized, plasma-controlled, phase IIIb study. *Circulation* 2013;**128**:1234-43.
- Khorsand N, Kooistra HA, van Hest RM, Veeger NJ, Meijer K. A systematic review of prothrombin complex concentrate dosing strategies to reverse vitamin K antagonist therapy. *Thromb Res* 2015;135:9-19.
- 30. Holbrook A, Schulman S, Witt DM, et al. Evidence-based management of anticoagulant therapy: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest 2012;141(2 Suppl):e152S-e184S.
- Bhatt HV, Subramaniam K. PRO: Prothrombin Complex Concentrate Should Be Used in Preference to Fresh Frozen Plasma for Hemostasis in Cardiac Surgical Patients. *J Cardiothorac Vasc Anesth* 2018;**32**:1062-1067.
- 32. Refaai MA, Goldstein JN, Lee ML, Durn BL, Milling TJ Jr, Sarode R. Increased risk of volume overload with plasma compared with four-factor prothrombin complex concentrate for urgent vitamin K antagonist reversal. *Transfusion* 2015;55:2722-9.
- 33. Magee G, Peters C, Zbrozek A. Analysis of inpatient use of fresh frozen plasma and other therapies and associated outcomes in patients with major bleeds from vitamin K antagonism. *Clin Ther* 2013;**35**:1432-43.
- 34. Trevisan D, Zavatti L, Gabbieri D, Pedulli M, Giordano G, Meli M. Point-of-care-based protocol with first-line therapy with coagulation factor concentrates is associated with decrease allogenic blood transfusion and costs in cardiovascular surgery: an Italian single-center experience. *Minerva Anestesiol* 2016;82:1077-1088.
- 35. Paone G, Likosky DS, Brewer R, Theurer PF, Bell GF, Cogan CM, Prager RL; Membership of the Michigan Society of Thoracic and Cardiovascular Surgeons. Transfusion of 1 and 2 units of red blood cells is associated with increased morbidity and mortality, *Ann Thorac Surg* 2014;97:87-93.
- 36. Dentali F, Marchesi C, Giorgi Pierfranceschi M, et al. Safety of prothrombin complex concentrates for rapid anticoagulation reversal of vitamin K antagonists. A meta-analysis. *Thromb Haemost* 2011;106:429-38.
- Lusher JM. Thrombogenicity associated with factor IX complex concentrates. *Semin Hematol* 1991;28(3 Suppl 6):3-5.
- 38. Warren O, Simon B. Massive, fatal, intracardiac thrombosis associated with prothrombin complex concentrate. *Ann Emerg Med* 2009;**53**:758-61.
- 39. White R, Rushbrook J, McGoldrick J. The dangers of prothrombin complex concentrate administration after heart surgery. *Blood Coagul Fibrinolysis* 2008;**19**:609-10.
- 40. Sørensen B, Spahn DR, Innerhofer P, Spannagl M, Rossaint R. Clinical review: Prothrombin complex concentrates--evaluation of safety and thrombogenicity. *Crit Care* 2011;**15**:201.

- Sniecinski R, Szlam F, Chen EP, Bader SO, Levy JH, Tanaka KA. Antithrombin deficiency increases thrombin activity after prolonged cardiopulmonary bypass. *Anesth Analg* 2008;106:713-8.
- Grottke O, Rossaint R, Henskens Y, van Oerle R, Ten Cate H, Spronk HM. Thrombin generation capacity of prothrombin complex concentrate in an in vitro dilutional model. *PLoS One* 2013;8:e64100.
- 43. Wiedermann CJ. A word of caution on renal risks of prothrombin complex concentrate use in cardiac surgery. *Crit Care* 2016;**20**:63.

Table 1. Patient characteristics

Variables	Arnékian et al, 2012 ⁽⁴⁾		Cappabianca et al, 2016 ⁽²⁾		Ortmann et al, 2015 ⁽³⁾		Fitzgerald et al, 2018 ⁽⁴⁾		
	PCC	FFP	PCC	PCC	FFP	FFP	PCC	FFP	
N. Patients	51	26	225	117	45	55	117	117	
Demographics									
Age, yrs	64 ± 13	72 ± 14	69 ± 12	70 ± 11	61 ± 13	62 ± 13	60 ± 14	61 ± 18	
Gender, F/M (%)	25/75	31/69	40/60	40/60	19/81	18/82	34/66	38/62	
Body mass index, kg/m ²	27.0 ± 3.6	26.0 ± 4.1	25.0 ± 4.7	25.4 ± 4.9	28.8 ± 6.1	27.3 ± 5.0	-	-	
Cardiac Status									
Myocardial Infarction	-	-	41 (18.2)	43 (19.1)	-	-	-	-	
Previous Cardiac Surgery	0	2 (8)	34 (15.1)	37 (16.4)	-	-	-	-	
NYHA class III/IV, n (%)	-	-	44 (19.6)	42 (18.7)	-	-	-	-	
Comorbidities									
Preoperative Haemoglobin, g/d)	14.2 ± 4.2	13.3 ± 1.4	12.1 ± 1.9	11.8 ± 2.0	13.6 ± 0.5	13.6 ± 0.6	14.6 ± 1.8	14.3 ± 2.0	
Preoperative Platelets, 10^9/L	238 ± 79	211 ± 54	209 ± 74	216 ± 88	-	-	213.4 ± 67.0	234.5 ± 130.8	
Preoperative eGFR, ml/min/1.73 m ²	-	-	64 ± 26	64 ± 23	-	-	-	-	
Hypertension, n (%)	19 (79)	18 (69)	142 (3.1)	143 (3.6)	65 (55.6)	67 (57.3)	-	-	
Diabetes, n (%)	6 (25)	6 (23)	36 (16.0)	37 (16.4)	15 (12.8)	20 (17.1)	-	-	
Arrhythmia, n (%)	3 (12)	3 (11)	50 (22.2)	49 (21.8)	21 (18)	20 (18.8)	-	-	
Previous thromboembolic events, n (%)	2 (8)	1 (4)	-	-	-	-	-	-	
Anticoagulation use									
Warfarin, n (%)	3 (12)	1 (4)	21 (9.3)	24 (10.7)	-	-	-	-	

Aspirin, n (%)	12 (50)	19 (73)	60 (26.7)	60 (26.7)	-	-	-	-	
Clopidogrel, n (%)	5 (21)	6 (23)	22 (9.8)	22 (9.8)	-	-	-	-	
Type of Surgery									
Isolated CABG, n (%)	9 (38)	9 (35)	36 (16.0)	39 (17.3)	n/a	n/a	n/a	n/a	
Isolated Valve Surgery, n (%)	13 (54)	9 (42)	88 (39.1)	92 (40.9)	n/a	n/a	n/a	n/a	
Valve Surgery + CABG, n (%)	2 (8)	6 (23)	53 (23.6)	47 (20.9)	n/a	n/a	n/a	n/a	
Aortic Surgery, n (%)	n/a	n/a	48 (21.3)	47 (20.9)	n/a	n/a	n/a	n/a	
Heart Transplantation, n (%)	n/a	n/a	n/a	n/a	n/a	n/a	n/a	n/a	
Pulmonary Endarterectomy, n (%)	n/a	n/a	n/a	n/a	45 (100)	55 (100)	n/a	n/a	
Postoperative complications									
Postoperative complications									
RBC rate, n (%)	0	5 (19.2)	189 (84)	210 (93)	34 (75.5)	44 (80)	90 (76.9)	104 (88.9)	
RBC rate, n (%) Units of RBC, n	0	5 (19.2) 2 (1.5)	189 (84) 3.4 (3.1)	210 (93) 5.2 (4.3)	34 (75.5) 2 (2.2)	44 (80) 3 (3)	90 (76.9) -	- 104 (88.9)	
Postoperative complications RBC rate, n (%) Units of RBC, n Chest drains output 24 hours, mL	0 1 (2.2) 1261 ± 780	5 (19.2) 2 (1.5) 1250 ± 441	189 (84) 3.4 (3.1) 836 ± 1226	210 (93) 5.2 (4.3) 935 ± 583	34 (75.5) 2 (2.2) -	44 (80) 3 (3) -	90 (76.9) - -	104 (88.9) - -	
Postoperative complications RBC rate, n (%) Units of RBC, n Chest drains output 24 hours, mL Reoperation for bleeding, n (%)	0 1 (2.2) 1261 ± 780 11 (41)	5 (19.2) 2 (1.5) 1250 ± 441 2 (8)	189 (84) 3.4 (3.1) 836 ± 1226 33 (14.7)	210 (93) 5.2 (4.3) 935 ± 583 42 (18.7)	34 (75.5) 2 (2.2) - -	44 (80) 3 (3) - -	90 (76.9) - - 27 (23.1)	104 (88.9) - - 30 (25.6)	
Postoperative complications RBC rate, n (%) Units of RBC, n Chest drains output 24 hours, mL Reoperation for bleeding, n (%) Stroke, n (%)	0 1 (2.2) 1261 ± 780 11 (41) 0	5 (19.2) 2 (1.5) 1250 ± 441 2 (8) 1 (2)	189 (84) 3.4 (3.1) 836 ± 1226 33 (14.7) 14 (6.2)	210 (93) 5.2 (4.3) 935 ± 583 42 (18.7) 9 (4)	34 (75.5) 2 (2.2) - - 1 (2.2)	44 (80) 3 (3) - - 1 (1.8)	90 (76.9) - - 27 (23.1) 7 (6)	104 (88.9) - - 30 (25.6) 8 (6.8)	
Postoperative complications RBC rate, n (%) Units of RBC, n Chest drains output 24 hours, mL Reoperation for bleeding, n (%) Stroke, n (%) AKI, n (%)	0 1 (2.2) 1261 ± 780 11 (41) 0 -	5 (19.2) 2 (1.5) 1250 ± 441 2 (8) 1 (2) -	189 (84) 3.4 (3.1) 836 ± 1226 33 (14.7) 14 (6.2) 68 (30.2)	210 (93) 5.2 (4.3) 935 ± 583 42 (18.7) 9 (4) 60 (26.7)	34 (75.5) 2 (2.2) - - 1 (2.2) -	44 (80) 3 (3) - - 1 (1.8) -	90 (76.9) - - 27 (23.1) 7 (6) 46 (40.7)	104 (88.9) - - 30 (25.6) 8 (6.8) 39 (34.2)	
Postoperative complications RBC rate, n (%) Units of RBC, n Chest drains output 24 hours, mL Reoperation for bleeding, n (%) Stroke, n (%) AKI, n (%) RRT, n (%)	0 1 (2.2) 1261 ± 780 11 (41) 0 - -	5 (19.2) 2 (1.5) 1250 ± 441 2 (8) 1 (2) - -	189 (84) 3.4 (3.1) 836 ± 1226 33 (14.7) 14 (6.2) 68 (30.2) 8 (3.6)	210 (93) 5.2 (4.3) 935 ± 583 42 (18.7) 9 (4) 60 (26.7) 4 (1.8)	34 (75.5) 2 (2.2) - - 1 (2.2) - 7 (15.6)	44 (80) 3 (3) - - 1 (1.8) - 3 (5.5)	90 (76.9) - - 27 (23.1) 7 (6) 46 (40.7) -	104 (88.9) - - 30 (25.6) 8 (6.8) 39 (34.2) -	

AKI, acute kidney injury; CABG, coronary artery bypass grafting; FFP, fresh frozen plasma; n/a, not applicable; NYHA, New York Heart Association; RBC, red blood cell; PCC, prothrombin complex concentrate; RRT, renal replacement therapy.

Baseline characteristics	No. of studies	FFP	PCC	Random-effects estimates	p-value	P
Age, years	4	66.1 (60.7-71.37)	64.8 (59.7-69.9)	0.83 (-0.84-2.50)	0.33	0%
Female	4	38.2 (33.6-42.8)	38.3 (33.7-42.8)	0.99 (0.75-1.30)	0.93	0%
Hemoglobin (g/dL)	4	13.2 (12.1-14.4)	13.4 (12.4-14.5)	-0.2 (-0.4-0.1)	0.13	0%
Isolated CABG	3	15.3 (0.1-30.6)	15.0 (0.7-29.3)	1.11 (0.71-1.73)	0.64	0%
Emergency surgery	3	0.9 (0.0-3.4)	11.4 (0.0-23.6)	1.04 (0.70-1.55)	0.84	0%

Table 2. Comparison of patient characteristics between PCC and FFP cohorts

CABG, coronary artery bypass grafting; FFP, fresh frozen plasma; PCC, prothrombin complex concentrate. Values are proportions, mean differences and odds ratios with 95% confidence intervals (in parentheses).

Table 3. Pooled outcomes

Outcomes	No. of studies	FFP	PCC	Random-effects estimates	p-value	p
RBC transfusion	3	89.0 (82.8-95.2)	80.3 (74.7-85.9)	2.22 (1.45-3.40)	<0.0001	0%
RBC units transfused, n	3	3.4 (1.3-5.4)	2.1 (0.7-3.6)	1.3 (0.8-1.9)	<0.0001	27%
Chest drain output 24 h, mL	2	1083 (775-1391)	1042 (626-1459)	66 (-82-215)	0.38	0%
Re-exploration for bleeding	3	17.9 (9.5-26.3)	18.8 (12.7-24.8)	1.09 (0.66-1.82)	0.73	35%
Stroke	4	3.9 (2.0-5.7)	3.7 (0.9-6.6)	0.87 (0.46-1.63)	0.66	0%
Acute kidney injury	2	29.7 (22.5-37.0)	34.9 (24.7-45.1)	0.81 (0.58-1.12)	0.20	0%
Renal replacement therapy	2	2.4 (0.0-5.2)	8.4 (0.0-19.9)	0.41 (0.16-1.02)	0.06	0%
ICU stay, days	3	4.5 (3.5-5.6)	4.3 (2.8-5.7)	0.3 (-0.5-1.1)	0.47	0%
Hospital stay, days	3	14.5 (13.2-15.8)	13.3 (9.9-16.7)	1.1 (-2.4-4.6)	0.54	59%
Hospital mortality	4	8.5 (5.5-11.5)	9.1 (6.4-11.7)	0.94 (0.59-1.49)	0.78	0%

Values are proportions, mean differences and odds ratios with 95% confidence intervals (in parentheses). FFP, fresh frozen plasma; ICU, intensive care unit; PCC, prothrombin complex concentrate.

Figure legends

Figure 1. Forest plot with unadjusted risk estimates for RBC transfusion rate, unit of RBC received, chest drain output at 24 hours, and re-exploration for bleeding. FFP, fresh frozen plasma; PCC, prothrombin complex concentrate; RBC, red blood cell; CI: confidence intervals.

Figure 2. Forest plot with unadjusted risk estimates for secondary outcomes, including rate of stroke, acute kidney injury, renal replacement therapy, and hospital mortality. FFP, fresh frozen plasma; PCC, prothrombin complex concentrate; CI: confidence intervals.