Figure S1 Estimates of the potential causal effect of age at menarche on bone-mineral density in UK Biobank



The results display the change in BMD in g/cm2 per year decrease in age at menarche. The estimates are adjusted for age and genomic principal components.

Figure S2 Estimates of the potential causal effect of age at menarche on adult lung function in UK Biobank



The results display the change in ml in the spirometry measurements (FEV1 and FVC), or change in the proportion airway obstruction (FEV1/FVC), per year decrease in age at menarche. The estimates are adjusted for age and genomic principal components.